

Parent – Child Sexual Abuse: May Lead to Sexual Addiction

Parent – Child Sexual Abuse includes Adults doing any of the Following:

- Touching – grabbing inappropriately, adult to adult or adult to child
- Sexual comments and jokes
- Lewd or suggestive comments
- Inappropriate sexual conversations in ear shot
- Adults making sexual gestures
- Parents discussing adult issues of sex in front of children
- Parents acting sexually inappropriate in front of children
- Dressing provocatively in front of children
- Announcing how little you are wearing on the phone
- Bathing, showering, dressing, going to bathroom with door open

The Results in Adult Children are:

- Sexual behavior problems
- Sexual boundary confusion
- Obsessing about sex and being sexual with others
- Inability to remain monogamous
- Flirtatious behavior
- Sexual involvement with little to no emotional involvement
- See sex as attention and/or power
- Fantasizing about sex often
- Acting out of marriage sexually
- Preoccupied with their sexual needs
- A fixation with romance
- Preoccupied with sexual thoughts and day dreams
- Hidden/secret encounters and affairs (lies)

Over →

Sex Addiction -- People with sex addiction have a dysfunctional, life-disrupting relationship to at least one type of sexual behavior, sexual fantasy, or sex-related thinking. The details of such a relationship can vary considerably from person to person.

Four Components to Addiction:

1. Compulsion – I can't stop. I keep doing it. I am powerless.
2. Obsession – I can't stop thinking about it. It is always with me, nagging at me.
3. Continuous – I continue despite negative consequences
4. Tolerance – It takes more and more of my addiction. There is an actual brain chemistry change from the behavior. An addict can do more and does do more than a normal person would. They become adrenalin junkies seeking the high or a coma state.

There are other characteristics to all addictions. All addictions lead to an unmanageable life. It is a progressive or degenerative process. Addictions are used to escape feelings and the reality of their life. What an addiction does is alter our moods and offers an alternative reality.

When addiction has become a problem in your life or the life of a loved one, finding a return to HEALTH and WELL-BEING becomes the most important thing in the world. Begin your journey of wholeness now. I'm here to guide you and lead you to freedom from bondage. God can heal the brokenness of bondage.